

# EL MIRASOL, INC.

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**CHOCOLATE FLOUR TORTILLA 8" 12/12ct.-18oz.**  
**ITEM# L0195**

**Dry Storage Shelf Life 90 Days**

**Pallet Hi & Tie 10 X 10 =100 cases Case cube .63 Case Gross Weight 14.20 lbs.**

Ingredients: Enriched Wheat bleached Flour (Flour,Niacin,Iron, Thiamine,Mononitrate,Riboflavin) Water, Palm Oil and Cottonseed Oil, Salt, Calcium Propionate, Mono and Dicyclerics, Sodium Carbomate, Sugar, Sodium Acid Pyrophosphate, Fumaric Acid, Sodium Aluminum Phosphphate, Guar Gum, Rice Flour, Yeast, Enzyme, L-Cysteine (Dough Conditioner) Cocoa Powder.

**Allergens: Wheat**

<b>Nutrition Facts</b>			
Serving Size: 1 Tortilla (43g)			
Serving Per Package 12			
Amount per serving		%Daily Value	
<b>Calories 210</b>	<b>Calories from Fat 45</b>		
<b>Total Fat 5g</b>			<b>8%</b>
<b>Saturated Fat 2.5g</b>			<b>12%</b>
<b>Trans Fat 0g</b>			
<b>Cholesterol 0mg</b>			<b>0%</b>
<b>Sodium 460mg</b>			<b>19%</b>
<b>Total Carbohydrates 36g</b>			<b>12%</b>
<b>Dietary Fiber 1g</b>			<b>5%</b>
<b>Sugar 2g</b>			
<b>Protein 5g</b>			
<b>Vitamin A 0%</b>		<b>Vitamin C 0%</b>	
<b>Calcium 8%</b>		<b>Iron 10%</b>	
Percent daily values are based on a 2,000 calorie diet.			
Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2000	2500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium Total	Less than	2,400mg	2,400mg
Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9	Carbohydrate 4	Protein 4	